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Optimization of the method for assessment of brain perfusion in humans using contrast-enhanced reflectometry: multidistance time-resolved measurements

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Abstract. The aim of the study was to determine optimal measurement conditions for assessment of brain perfusion with the use of optical contrast agent and time-resolved diffuse reflectometry in the near-infrared wavelength range. The source-detector separation at which the distribution of time of flights (DTOF) of photons provided useful information on the inflow of the contrast agent to the intracerebral brain tissue compartments was determined. Series of Monte Carlo simulations was performed in which the inflow and washout of the dye in extra- and intracerebral tissue compartments was modeled and the DTOFs were obtained at different source-detector separations. Furthermore, tests on diffuse phantoms were carried out using a time-resolved setup allowing the measurement of DTOFs at 16 source-detector separations. Finally, the setup was applied in experiments carried out on the heads of adult volunteers during intravenous injection of indocyanine green. Analysis of statistical moments of the measured DTOFs showed that the source-detector separation of 6 cm is recommended for monitoring of inflow of optical contrast to the intracerebral brain tissue compartments with the use of continuous wave reflectometry, whereas the separation of 4 cm is enough when the higher-order moments of DTOFs are available. © 2015 Society of Photo-Optical Instrumentation Engineers (SPIE) [DOI: 10.1117/1.JBO.20.10.106013]

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1 Introduction

Near-infrared spectroscopy (NIRS) is extensively tested as an optical method for assessment of the brain oxygenation in adults. Continuous wave,^{1,2} frequency-domain,^{3,4} and time-domain⁵ measurement techniques were successfully applied in *in vivo* studies showing promising results. Functional NIRS (Ref. 6) allows for monitoring of oxygenation changes in the brain's cortex during a variety of stimulations in analogy to functional magnetic resonance imaging technique. Furthermore, recent studies showed that connectivity on the cortex can be studied by the application of dense grids of sources and detectors positioned on the surface of the head.⁷⁻¹¹ This advanced technique needs analysis of signals measured at multiple source-detector separations in order to minimize the influence of changes in oxygenation of the extracerebral tissue layers on the measured signals of changes in oxy- and deoxyhemoglobin.¹²⁻¹⁶ A different optical technique that can be potentially used for intraoperative mapping of the human cortex during neurosurgery is the imaging of intrinsic optical signals.^{17,18} This technique is based on measuring the intrinsic activity-related changes in tissue reflectance, caused by the functional physiological changes in blood volume, hemoglobin, or oximetry changes.

Another path of development of optical techniques for assessment of the cerebral perfusion represent studies in

which the diffuse reflectance NIRS measurements were carried out during inflow and washout of indocyanine green (ICG).¹⁹⁻²¹ Intravenous injection and monitoring of this optical contrast agent, which reveals strong absorption for near-infrared radiation, allows for assessment of brain perfusion, which is typically based on estimation of the time between injection and maximum of the dye concentration in the tissue under investigation.²²⁻²⁷ Recently, it was reported that time-resolved spectroscopy may be of benefit for such brain perfusion studies.²⁸⁻³⁰ It was shown that higher-order moments of the distributions of time of flight of photons (DTOFs) measured on the surface of the head (mean time of flight and variance of the DTOF) are more sensitive to the changes in absorption of the brain tissue related to the inflow of the ICG than total number of photons (zeroth-order moment of the DTOF), which reveals sensitivity to changes in absorption of the extracerebral tissue layers.^{31,32} However, higher-order statistical moments of the DTOFs are sensitive to noise. This effect is especially pronounced in measurements carried out at large source-detector separations in which the number of detected photons is limited.^{33,34}

The aim of the study was to evaluate the dependence of the signals related to the inflow of the ICG on the source-detector separation. This analysis will be presented in the context of optimization of the source-detector separation used in the estimation of the brain perfusion parameters. Optimized selection of the

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statistical moments used in brain perfusion studies will also be discussed. Results of Monte Carlo (MC) simulations, phantom experiments, and *in vivo* tests carried out at multiple source-detector separations with the use of a time-resolved technique will be presented.

2 Methods

2.1 Monte Carlo Simulations

The MC code used for the study was described in detail earlier.³⁵⁻³⁷ The algorithm allows for efficient simulations of DTOFs at different source-detector separations for different combinations of absorption properties of the layered medium. The statistical moments of the DTOFs related to the absorption coefficient change resulting from simulated inflow and washout of the ICG to two layers of the model (lower and upper) mimicking intra and extracerebral tissue compartments were analyzed. The temporal changes in absorption of the dye, μ_a , were simulated independently for both layers of the medium according to the functions proposed by Leung et al.^{36,38} Initial optical properties of the medium were as follows: absorption coefficient of the medium $\mu_a = 0.015 \text{ mm}^{-1}$, reduced scattering coefficient of the medium $\mu'_s = 1 \text{ mm}^{-1}$, and refractive index $n = 1.4$. Initially, the superficial layer was assumed to be 1 cm thick and the deeper layer was 1 m thick (which simulates semi-infinite medium). Amplitudes of the changes of the absorption coefficient $\Delta\mu_a$ in the upper and lower layers were chosen in the range from 0.002 to 0.004 mm^{-1} . The DTOFs were obtained at 67 source-detector separations (from 0.1 to 6.7 cm). Because at the largest source-detector separations only a small number of photons are re-emitted, the simulations were carried out for a large total number of photon packages $N = 2 \times 10^9$.

2.2 Instrumentation

Time-resolved laboratory system based on eight photomultiplier tubes (PMT, R7400U-02, Hamamatsu Photonics, Japan) and eight time-correlated single photon counting (TCSPC) cards (SPC-134, Becker and Hickl, Berlin, Germany)³⁹⁻⁴¹ was used in combination with femtosecond MaiTai laser (Spectra Physics),^{33,42} allowing the measurement of 16 DTOFs simultaneously. Laser pulses were generated at a wavelength of 760 nm with a frequency of 80 MHz. The wavelength used in the experiments was selected close to the maximum of the absorption spectrum of ICG and with consideration of the properties of filters used in order to block the fluorescence light.^{21,36} The laser light was coupled into two fibers (1.5 and 3 m long, $\phi = 1 \text{ mm}$, $\text{NA} = 0.39$) used to deliver the light to the phantom or the head of the healthy volunteer. Two beam expanders (F810SMA-780 and F220SMA-B, Thorlabs, Sweden) were applied on the tips of the source fibers in order to distribute the laser light on large areas of the tissue (15 and 8 mm diameter). This solution allowed us to keep the laser power density on the surface of the head below the safety limits (2 mW/mm^2). The laser light powers at the tips of the source fibers were 200 and 20 mW, respectively. Eight fiber bundles of diameter 7 mm with active area of diameter 4 mm ($\text{NA} = 0.54$, Loptek, Germany) were used to deliver the light re-emitted for the phantom or tissue to the photodetectors. The short-pass filters (NT47-586, Edmund Optics) with cut-off wavelength of $\lambda = 800 \text{ nm}$

were mounted in front of the PMTs in order to block the fluorescence light.

The combination of the two source positions and eight detection spots allowed for monitoring of optical signals for 16 source-detector separations in the range $r_{\text{SD}} = 10$ to 67.5 mm. The laser beam (output from MaiTai laser) was split into two light paths, which were coupled into two optical fibers. In this way, the laser pulses transmitted into the tissue or phantom using these two fibers were delayed by $\approx 3 \text{ ns}$.

2.3 Phantom Experiments

The phantom consisted of a fish tank (41 cm \times 26 cm \times 30 cm) filled with a 1:3 mixture of milk (fat content 3.2%) and water with small amount of ink (Black Indian Ink, Winsor & Newton). The solution of milk, water, and ink was used to obtain optical properties corresponding to properties of human tissue ($\mu_a \approx 0.035 \text{ cm}^{-1}$ and $\mu'_s \approx 12.5 \text{ cm}^{-1}$). The optical properties of the medium were obtained by time-resolved measurements and by analysis of the statistical moments of the measured DTOFs.⁴³

The measurements were carried out on the homogeneous phantom in which two transparent PVC tubes (inner diameter = 3 mm and outer diameter = 3.8 mm) were located at different depths (0 and 2 cm) with respect to the surface of the phantom. The measurements were carried out at 16 source-detector separations (see Fig. 1) by positioning the optodes holder equipped with two source fibers and eight detecting fiber bundles on the surface of the phantom.

In order to mimic dynamic inflow of the dye through the tubes located deeper and more superficial, a laboratory setup equipped with a peristaltic pump⁴⁴ was applied in order to pump through the tubes the same solution of milk, water, and ink that filled out the phantom. Furthermore, two independent boluses of ICG were injected into the two tubes located at different depths with a defined delay between them. First, the bolus was injected into the tube located deeper, which mimics realistic sequence of inflow of the bolus to the intra and extracerebral tissue compartments.

2.4 In Vivo Measurements

The *in vivo* measurements were carried out on three healthy volunteers (mean age 36, the coauthors of the paper). The

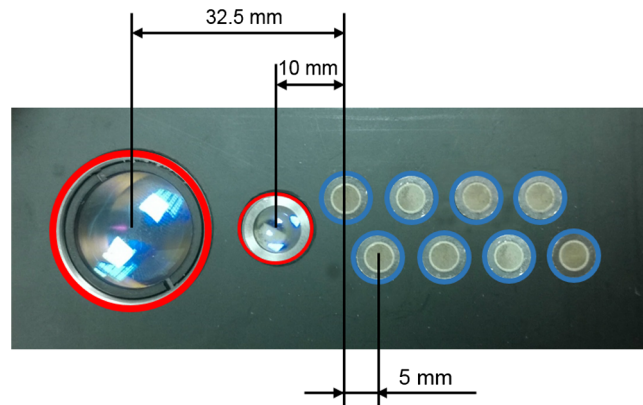


Fig. 1 The optode holder used in the phantom and *in vivo* studies. Red rings mark the positions of the beam expanders (source positions) and blue rings reflect locations of the tips of the detection fiber bundles.

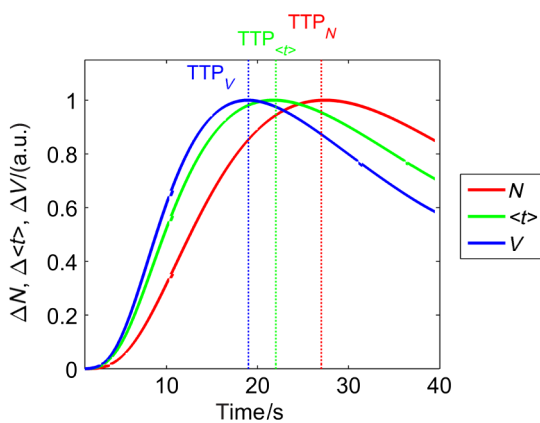


Fig. 2 Presentation of the data processing principle [time-to-peak (TTP) parameter calculation from the time-courses of the statistical moments of distribution of time of flights of photons (DTOFs)] on the data obtained by Monte Carlo (MC) simulations.

measurements protocol was approved by the Ethics Committee of the Medical University of Warsaw. In each case, a written informed consent was obtained from the subject. The subjects were examined in supine position. The optodes were fixed on the surface of the head with the use of rubber foam and Velcro stripes. The optodes were positioned on the right frontal area of the head below the line of hairs. A dose of 10 mg of ICG (Pulsion, Germany) dissolved in 5 mL of aqua pro injectione was administrated into the left forearm vein.

2.5 Data Analysis

In the preprocessing phase in the measured DTOFs, the background signal was subtracted and correction of nonlinearity of

the TCSPC electronics was applied. The statistical moments of the simulated and measured DTOFs (number of photons N , mean time of flight $\langle t \rangle$, and variance V) were derived from the parts of the distributions limited by 3% of their maxima.⁴³ Time-courses of the statistical moments calculated for different source-detector separations were normalized and the time-to-peak (TTP) corresponding to the maximum of amplitude change caused by the ICG inflow was calculated. Typically the TTP values decrease with the order of the statistical moment ($TTP_N > TTP_{\langle t \rangle} > TTP_V$) as shown in Fig. 2.

In the next step, ΔTTP values for each statistical moment were calculated. In the case of MC simulations, ΔTTP was estimated as the difference between the calculated TTP values and reference value, which was TTP_0 obtained for simulated inflow function for the lower layer of the model.³⁸ In the phantom studies and *in vivo* measurements, the reference value TTP_0 was determined for each of the experiments as the minimal value of TTP_V . In the case of MC simulations, TTP_{MAX} was obtained by the analysis of the simulated inflow function for the upper layer of the model. In the phantom studies and *in vivo* measurements, the reference value TTP_{MAX} was determined for each experiment as the maximal value of TTP_N .

3 Results

3.1 Monte Carlo Simulations

Results of the analysis of ΔTTP obtained for different statistical moments of DTOFs calculated by MC simulations for different thickness of the upper layer (from 6 to 12 mm) are presented in Fig. 3. In these simulations, the reduced scattering coefficient was assumed to be $\mu'_s = 10 \text{ cm}^{-1}$. It should be noted that ΔTTP approaches zero when the simulated signal perfectly reveals

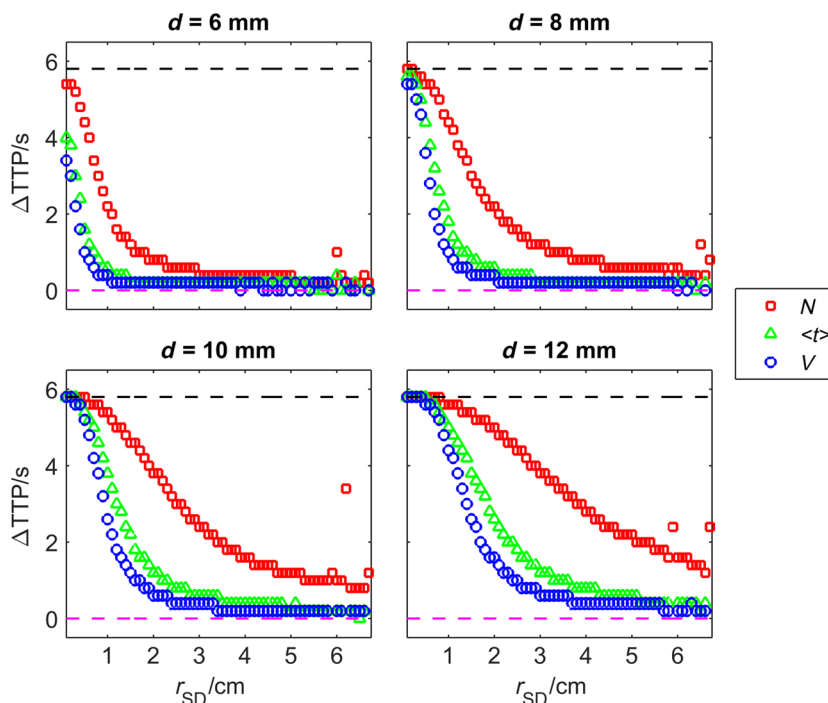


Fig. 3 Analysis of the results of the MC simulations. Changes in ΔTTP obtained at different source-detector separations and different upper layer thickness for three moments of DTOFs: total number of photons N , mean time of flight $\langle t \rangle$, and variance of the DTOF V . The reduced scattering coefficient was assumed to be $\mu'_s = 10 \text{ cm}^{-1}$.

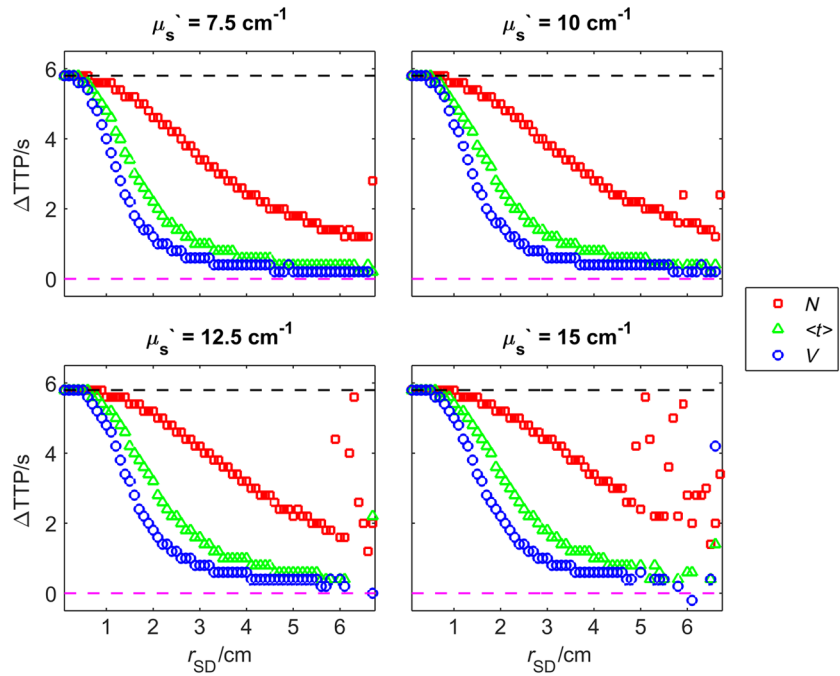


Fig. 4 Analysis of the results of the MC simulations. Changes in ΔTTP obtained at different source-detector separations and different reduced scattering coefficient of the medium for three moments of DTOFs: total number of photons N , mean time of flight $\langle t \rangle$, and variance of the DTOF V . The thickness of the upper layer was assumed to be 10 mm.

the inflow of the dye to the deeper layer of the model. It can be observed that for thin extracerebral tissue compartment, all statistical moments can provide information corresponding to the deeper tissue compartment even for source-detector separations < 3 cm. However, increase in the thickness of the upper layer causes the ΔTTP obtained from the signals of the total number

of photons N to be strongly overestimated. This effect, with lesser extent, can be observed for higher-order statistical moments. Only small discrepancy between the estimated and expected value of ΔTTP can be observed (< 0.2 s) for source-detector separations $r_{SD} \geq 4$ cm when the variance V of the DTOF is analyzed.

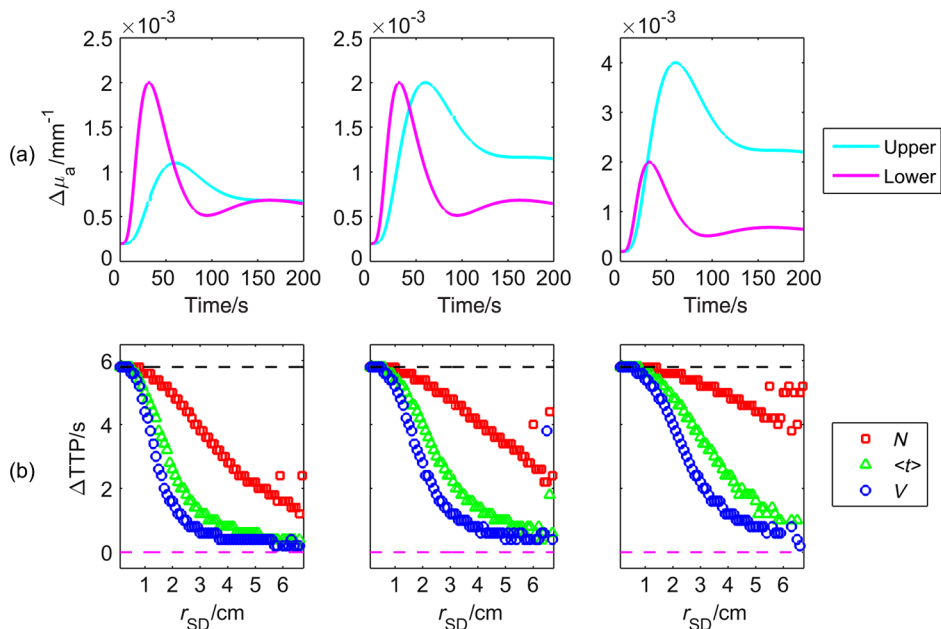


Fig. 5 Analysis of results of the MC simulations obtained for different amplitudes of change in absorption coefficient in the upper layer of the model. (a) Dynamic changes in absorption coefficient in upper and lower layer of the model and (b) corresponding changes in ΔTTP at different source-detector separations calculated for: total number of photons N , mean time of flight $\langle t \rangle$ and variance V of the DTOFs. The thickness of the upper layer was assumed to be 10 mm and the reduced scattering coefficient was assumed to be $\mu_s = 1 \text{ mm}^{-1}$.

Results of the second series of MC simulations are presented in Fig. 4. Analysis of ΔTTP was carried out for media of different reduced scattering coefficient μ'_s . It can be observed that scattering properties of the medium strongly influence the sensitivity of the moments to the inflow of the dye to the deeper layer of the model. The increase in μ'_s leads to strong discrepancy between the estimated and expected value of ΔTTP when the total number of photons N is analyzed. This effect can also be observed for higher-order statistical moments, but this discrepancy remains relatively small (<1 s) for all values of μ'_s and large source-detector separations ($r_{SD} > 3$ cm) when the variance V of the DTOF is analyzed.

Results of the last series of MC simulations are presented in Fig. 5. Analysis of ΔTTP was carried out for different relations between amplitudes of changes in absorption of the dye μ_a for both layers of the model. It can be observed that increase in the amplitude of change in the absorption coefficient μ_a in the upper layer of the model results in increase in discrepancy of ΔTTP estimation. When the amplitude of change in the upper layer of the model is two times larger than that in the lower layer, the uncertainty of ΔTTP estimation is <1 s only for V signal obtained at source-detector separation >4 cm.

3.2 Phantom Experiments

The results of the phantom experiments are presented in Fig. 6. Obtained results show trends similar to those presented in the MC simulations. For larger delays between bolus appearance in the tubes located deeper and superficially, ΔTTP changes quickly with source-detector separation. Moreover, as expected, the uncertainty of ΔTTP estimation is lower when the delay in appearance of the boluses in the deeper and superficial tubes is larger.

3.3 In Vivo Measurements

The DTOFs were obtained for 16 source-detector separations (from 1 to 6.75 cm) during *in vivo* (see Fig. 7) tests carried out in healthy volunteers. As presented in Fig. 7, results of these experiments confirm the trends that were observed in MC simulations and phantom experiments.

As expected, the uncertainty of ΔTTP estimation is lowest when the V signal is analyzed. However, the decrease in the discrepancy observed in ΔTTP depends strongly on the subject measured.

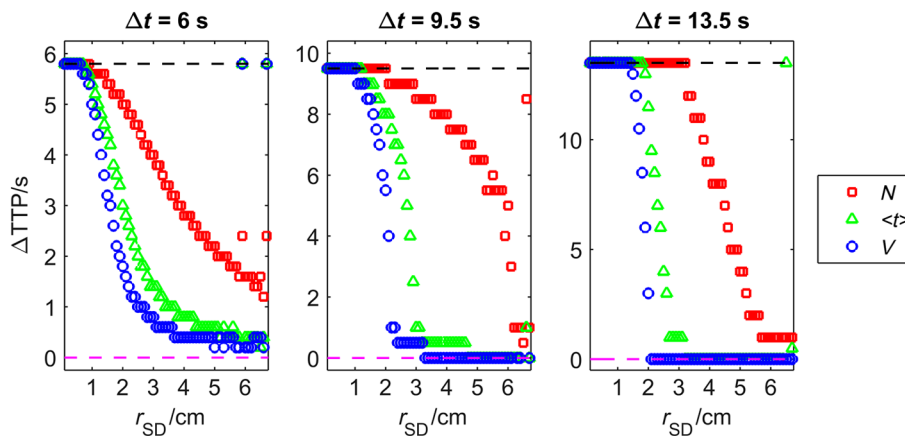


Fig. 6 Results obtained during phantom experiments. Changes in ΔTTP obtained at different source-detector separations for three delays Δt between the appearances of the boluses of indocyanine green (ICG) in the tubes located superficially and deeper in the medium. Results of the analysis of three moments of DTOFs: total number of photons N , mean time of flight $\langle t \rangle$, and variance V of the DTOF.

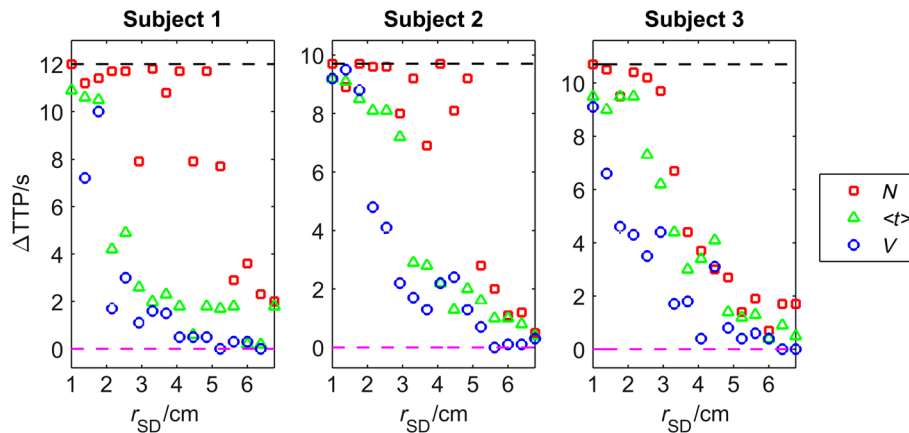


Fig. 7 Analysis of results of the *in vivo* experiments carried out on three healthy volunteers. Changes in ΔTTP obtained at different source-detector separations by analysis of three moments of DTOFs: total number of photons N , mean time of flight $\langle t \rangle$, and variance of the DTOF V .

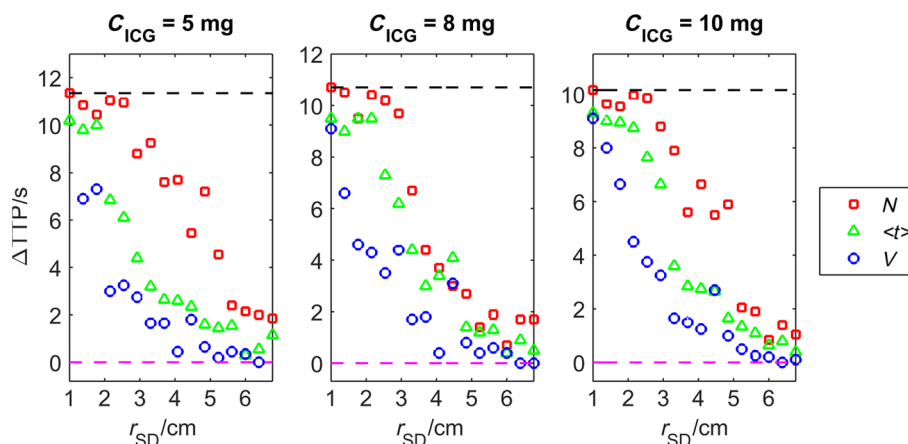


Fig. 8 Changes in ΔTTP obtained at different source-detector separations for three consecutive ICG injections in a single healthy volunteer. Different concentrations of the ICG in the bolus C_{ICG} were applied.

Additionally, in order to assess repeatability of the measurement, the analysis of moments of DTOFs obtained in consecutive injections in a single subject was performed (see Fig. 8). It can be observed that the pattern of changes in ΔTTP does not depend significantly on the ICG concentration in the injected bolus (5, 8, and 10 mg of ICG dissolved in 5 mL of aqua pro injectione). Moreover, it can be observed that the largest delay between signals of moments obtained at different source-detector separations does not depend significantly on the dose of ICG injected.

4 Discussion

TTP is one of the mostly used parameters in perfusion CT and MRI techniques.⁴⁵⁻⁴⁷ The TTP value is related with changes in the cerebral blood flow. It was shown that the typical value of TTP in healthy subjects is ~ 17 s.⁴⁸ Number of studies showed that in patients with impaired cerebral perfusion, TTP is usually longer, and this prolongation may reach even 10 s.⁴⁹⁻⁵² Optical measurements of the delay of the contrast agent bolus passage in patients with acute ischemic stroke were carried out by Steinkellner et al.^{20,21} It was shown that a small TTP prolongation ($\Delta TTP \approx 4$ s) in stroke hemisphere can be observed.

Analysis of dependence of TTP changes on source-detector separation was carried out by MC simulations. It shows that for the short source-detector separation, the TTP obtained from the signals representing total number of photons N reflects the inflow of the ICG to the superficial layers of the studied medium. It can be observed that TTP decreases with source-detector separations and reaches TTP_0 value related to the μ_a change modeled in the lower (intracerebral) layer of the medium. However, TTP_0 can be derived from the data obtained at shorter source-detector separations when variance V of the DTOF is analyzed. Results of the *in vivo* experiments carried out on healthy subjects show large differences (up to 12 s) between TTP calculated with the use of different statistical moments. It was noted that this variation in the TTP depends on the subject investigated. This effect can be explained by the influence of the nonhomogeneity of the extracerebral layer of the tissue on the measured DTOFs and effect of increased noise content on higher-order moments of DTOFs.⁴³

Obtained results confirm once more that the higher-order statistical moments of DTOFs are more sensitive to the inflow of the dye to the deeper tissue compartments.³² Large variation

of the TTP obtained from signals representing statistical moments of DTOFs suggests that the technical aspects of data acquisition, like (1) source-detector separation, (2) order of the moment of the DTOF analyzed, and (3) number of photons acquired in a single DTOF, may significantly influence discrepancies in the TTP values derived from inflow of the ICG.

Results of this study may be useful in optimization of the measurement conditions considering the used measurement technology (available moments of the DTOFs).

5 Conclusion

The MC simulations and corresponding *in vivo* multidistance measurements show that the time-resolved monitoring during injection of the ICG may be useful in direct assessment of the intracerebral tissue hemodynamic parameters. Results of this study may be useful in optimization of the measurement conditions (source-detector distance) considering used measurement technology (available moments of the DTOFs). For continuous wave measurements (which can be modeled in time-resolved measurements by analysis of the total number of photons detected), source-detector separation at which the TTP related to the inflow of the dye to the brain can be effectively derived, and it should not be < 6 cm. For source-detector separations ≥ 6 cm, the TTP_N derived from the signals of total number of photons is related mainly to the inflow of the dye to the brain, whereas for shorter distances, high contamination from the extracerebral tissue compartments can be observed. In case of time-resolved technique in which higher-order moments of the DTOFs (mean time of flight, variance) are available, similar results can be obtained at source-detector distance as short as 4 cm.

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